

PERFORMING BAND PRACTICE GUIDE

PART I. BASICS

1-2 minutes- **LONG TONES/ SLOW SCALES/ MID-LOW LIP SLURS** :(Vibrato if appropriate)
Are you playing with a resonant tone??? Is all feeling well? DO THIS EVERY DAY!

2 minutes- **ARTICULATION 1 or 2**: every day! Work for fast air stream and relaxed tongue.
Listen for clarity of 16ths. Use a metronome for accuracy and to measure progress. You must learn to know what you must physically do with air and tongue.

5-7 minutes- **SCALES/ TECHNIQUE**: practice 2-3 DIFFERENT scales daily on a rotating basis...
PLUS the CHROMATIC Scale every day. FOCUS ON:

Tonal resonance in all registers (YOUR TUNER)	Range Articulation/Slurs	Accuracy Slow (even tone)/ Fast (speed drills)	Intonation/Tuning -(WITH
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BRASS PLAYERS EXTEND YOUR RANGE AT BOTH ENDS! REMEMBER - LOW HELPS HIGH

ALL- YOUR METRONOME IS YOUR FRIEND! It never lies to you, it just tells you like it is... ☺

SO, in about 10 minutes, you can focus on the important concepts that will gradually improve your performance skills! This is like lifting weights... a little stronger every day.

PART II. CURRENT MUSIC

15-20 minutes- Practice sections of music that are current to your needs, (i.e. Region etudes, Solo/Ensemble music, Band parts, etc)

PRACTICING involves identifying and solving problems or issues through daily repetition and understanding. Practicing **IS NOT** playing through music. That's called playing through music. ☺

ISSUE

Notes Trouble

Articulation Clarity

Rhythmic Precision

Poor Range

SOLUTION

Slow motion reps with a metronome (subdivide as needed)

Slow motion reps with a metronome

Count/Clap/ Finger sections with a metronome

Apply basics of slow range scales

*****DAILY GOAL- To walk away from your instrument each day with stronger performance fundamentals and with the practiced sections a little bit more prepared than when you started.*****

PART III. FUN MUSIC

Finish your practice with something you find enjoyable! Go buy a popular songbook at the music store that interests you. You can also look online for free music.

Don't forget about www.metronomeonline.com if you don't own one. There are also tuner Apps as well! I hope this helps give you a little bit more structure to your practicing!

SUMMER MUSICAL LISTENING GUIDE & ACTIVITIES

All of these great musicians can be accessed on YouTube. The more you listen, the better you will sound!

- FLUTE:** Solo, James Galway, Jean Pierre Rampal, Julius Baker, Carol Wincenc, Jeanne Baxtresser, Emmanuel Pahud, Michel Debost, Jeffery Zook
- OBOE:** Solo, Ray Still, Charles Woodhams, Wakao, Alex Klein, John Mack, Liang Wang
- BASSOON:** Solo, Walker, David McGill, Arthur Weisberg, Eric Stomberg, Dag Jensen
- CLARINET:** Solo, Robert Marcellus, Harold Wright, Karl Leister, Richard Stoltzman, Jon Manasse, David Shifrin, Sabine Meyer, Charles Neidich
- BASS CL:** Solo, Concerto
- SAXOPHONE:** Solo, Donald Sinta, Fred Hemke, Harvey Pittel, Larry Teal, Eugene Rousseau, Alex Mitchell
- TENOR SAX:** Solo, Sakana
- TRUMPET:** Solo, Wynton Marsalis, Maurice Andre, Philip Smith, Gerard Schwartz, Tine Helseth
- FR. HORN:** Solo, Dennis Brain, Eric Ruske, Dale Clevenger, Jeff Lang, Gregory Hustis, Mozart Concertos
- TROMBONE:** Solo, Joseph Alessi, Christian Lindberg, Charles Vernon, Jay Friedman, Colin Williams
- EUPHONIUM:** Solo, David Childs, David Werden, Brian Bowman, Roger Behrend, Lyndon Baglin, Steven Mead
- TUBA:** Solo, Roger Bobo, Gene Pokorney, Gaspare Spontini, Arnold Jacobs, Sam Pilafian, Deanna Swoboda
- PERCUSSION:** Solo, Evelyn Glinnie, Linda Maxey, Muyami Hama, Snare, Marimba, Timpani, Percussion Ensemble

-SUMMER CHALLENGES-

Continue Your Lessons

Practice as many pieces as you can with a metronome

Google some of the composers in the packet to learn about their lives

Memorize several songs in the packet

Compose a short piece for your instrument (you can download staff paper online)

Memorize your scales as fast as you can with metronome (120, 132, 144, ???)

Improvise a new melody to a song that you learn in the packet

Go to a summer music camp